

# SUMMARY GUIDANCE FOR HAWAI'I K-12 SCHOOLS

# How To Reduce The Spread Of Covid-19 In Schools

- Stay up to date on vaccination vaccination is the most important strategy to protect students and staff
  - Everyone who is eligible should get updated COVID-19 vaccinations
  - Vaccines are free, safe, and help protect people from getting very sick or dying from COVID-19
- Stay home when sick, except to get medical care
- **Masking** provides an extra level of protection, which is especially important for those at high risk for severe disease.
- Wash hands often and cover coughs and sneezes

#### **Isolation Guidance**

If you COVID-19 symptoms<sup>1</sup> or test **positive**:

- Do NOT go to school and notify the school
- Stay at home and ISOLATE except to get medical care until:
  - At least 5 full days after symptoms first appeared or if no symptoms, after tested; AND
  - At least 24 hours after last fever without use of fever-reducing medicine; AND
  - symptoms, if any, have improved
- When you return to school after isolation, wear a well-fitting mask indoors for 5 full days

<sup>1</sup> Students and staff who have ongoing symptoms from another cause (e.g., allergies, asthma) and no known exposure to COVID-19 do not need to isolate unless they develop new or worsening symptoms or test positive for COVID-19.

## **Exposure Guidance**

- You can stay in school if you do <u>not</u> have symptoms, regardless of vaccination status
- Wear a mask around others indoors for 10 days
- Watch for symptoms of COVID-19
- Test at least 5 days after exposure, even if you do not have symptoms
- If symptoms develop, immediately isolate and test
- Guidance for Schools <u>health.hawaii.gov/coronavirusdisease2019/resources/school-guidance/</u>
- COVID-19 Vaccines <u>HawaiiCOVID19.com/vaccine/</u>
- Multilingual Resources <u>HawaiiCOVID19.com/translations/</u>

## For more information, visit HawaiiCOVID19.com