



ĀHEA E HO'OHANA AI I KA 'ŌPA'A HIKAHŌ'IKE COVID-19

*E 'olu'olu, e hahai i ke ka'ina hana pono i a me ke a'o'ao e pili pū ana i kōu 'ōpa'a hikahō'ike.



INĀ PAHA 'OE I LOA'A I KA MA'I COVID-19 I LOKO O NĀ LĀ HE 90 I HALA, 'A'OLE 'OE PONO E HANA I KA HŌ'IKE, KOE INĀ 'IKE 'IA NĀ HŌ'AILONA MA'I HOU.



INĀ LOA'A 'OE I NĀ HŌ'AILONA MA'I COVID-19, E HO'OKA'AWALE AKU IĀ 'OE IHO MAI KA PO'E AKU A E HANA KOKE AKU NŌ I KA HŌ'IKE, I LOKO NŌ O KOU KŪLANA HOU KUI LĀ'AU LAPA'AU.



INĀ PAHA 'OE I PILI AKU I KEKAHI I LOA'A I KA MA'I COVID-19, E HANA I KA HŌ'IKE HE 5 LĀ PIHA MA HOPE O KA PILI 'ANA AKU.

- ▶ E kau mau ka māpoho kū pono i ka maka no 10 lā piha ke pili aku i kekahi i loko o kou hale a i loko ma ke kaiāulu.
- ▶ E maka'ala i nā hō'ailona o ka ma'i. E hana i ka hō'ike inā paha 'ō'ili mai nā hō'ailona ma'i a e hahai aku i [Ke A'oa'o no nā mea Ma'i a mea Pili Ma'i](#) (e pa'i i ke ki'i QR ma lalo).



E NO'ONO'O I KA HANA I KA HŌ'IKE MA MUA O KA HELE 'ANA I KEKAHI HANANA A HUI 'ANA E MĀLAMA 'IA I LOKO.

- ▶ E hana koke aku i ka hō'ike ma mua pono o ka hui 'ana, a i 'ole e like me ke kokoke aku i ka ho'omaka o ka hanana i hiki. E hana i ka hō'ike ma mua o ka hui 'ana me ke kupuna a i 'ole me kekahi e 'oi aku ai kona pāma'i.

KA HANA E HANA AI INĀ 'IKE 'IA KOU LOA'A I KA MA'I COVID-19:



E HO'OKA'AWALE AKU IĀ 'OE IHO MAI KA PO'E AKU NO 5 LĀ.

- ▶ E nānā aku iā [Ke A'oa'o no nā mea Ma'i a mea Pili Ma'i](#) (e pa'i i ke ki'i QR ma lalo).



E KAU MAU KA MĀPOHO KŪ PONO I KA MAKA NO 10 LĀ PIHA KE PILI AKU I KEKAHI I LOKO O KOU HALE A I LOKO MA KE KAIĀULU.



E MAKA'ALA I NĀ HŌ'AILONA MA'I A E HO'OKA'A'IKE ME KĀU MEA MĀLAMA OLAKI-NO INĀ PONO.

- ▶ No nā pōulia olakino—ka pilikia hanu, ka 'eha'eha o ka umauma a i 'ole nā hō'ailona pōulia—e kelepona aku iā 911.



'A'OLE PONO E HO'OKA'A'IKE 'IA KA HOPENA O KA HŌ'IKE HŌ'OIA MA'I I KA MĀHELE OLAKINO O KA MOKU'ĀINA O HAWAI'I.

KA HANA E HANA AI INĀ 'IKE 'IA KOU LOA'A 'OLE I KA MA'I COVID-19:



UA MAU KA PAPAHA O KOU LOA'A I KA MA'I COVID-19, OKI LOA INĀ 'IKE 'IA NĀ HŌ'AILONA MA'I A INĀ I PILI AKU I KEKAHI I LOA'A I KA MA'I COVID-19.

E NO'ONO'O I KA HANA HOU I KA HŌ'IKE HE 24-48 HOLA MA HOPE MAI O KA HŌ'IKE MUA A I 'OLE E 'IMI I KA HŌ'IKE PCR. 'O KA HANA 'ANA I KEKAHI MAU HŌ'IKE I LOKO O HO'OKAHI LĀ HE ALA E HŌ'OIA AI I KOU LOA'A 'OLE I KA MA'I COVID-19.

NĀ KUMUWAIWAI HOU AKU

- E kele aku iā HawaiiCOVID19.com no ke a'oa'o hou aku.
- Ua hiki ke ho'oka'a'ike aku me ka Māhele Olakino o ka Moku'āina o Hawai'i ma (808) 586-8336 inā paha he mau nīnau kāu.

E pa'i i ku'u ki'i no Ke A'oa'o no nā mea Ma'i a mea Pili Ma'i

