



AUROUREN COVID-19

HAWAII DEPARTMENT OF HEALTH

MET KOPWE FORI IKA KA CHEK NGE ARRUK COVID-19

Om kopwe tumunu an esap terifetan ei semwen, kopwe fiti ekei annukun.

- Nom non imw me nukun chok ika kopwe no safej pioing**
 - Kopwe chok nom non imw tori:
 - Epwe arapwakan engon ran murin ewe ewin fansoun ka keran mefi ekewe esisinen semwen (ika ese wor ekewe esisinen semwen, iwe epwe mwaren 10 ran murin an wor angangen check wom); **PWAN**
 - Epwe arapwakan 24 awa murin an iwe toruk ewe pwichikar nge kese uun ekewe safean pwichikar; **PWAN**
 - Om kewe esisinen semwen ra kisitiw (awewe, mwor, fetaningaw ngasangas).
- Kosap fiti ekewe sokun waa meinisin aramas rekan fiti, fiti wan emon, ika ekewe taxi**
- Eimukeno seni ekewe aramas non imwom iwe**
 - Nomono chok non ew "room faniten mi semwen"
 - Aa imwen ngasenno mei imuuno
 - Ika kopwe menei om kopwe nom nein ekoch aramas non ika nukun imw, kopwe mesemes masku
 - Kosap aa fengen me chochon non imwom kewe met pusin pisekum (awewe, ekewe sepi, toun, pisekin onut)
 - Nimeti ekewe neni mei chommongchon atapwa ie (awewe, ekewe counter, komochun asam). Aa ekewe pwekin enimenim ren spray me wipe anongonong won metekewe annukun mei pusin mwak won
- Kosap kinengeni ekewe manuun non imw**, chowan tofi, foropachei, mutngeni epwe kisuk ika chonawek, onut fengen non ew neni, pwan mongo fengen.
 - Ika epwe tufich, emon chochon non ewe imw epwe wiseni ne tumunu ekewe mwanun non imw/ekewe mei fon faniten repwe aninis iwe epwe pwan fiti ekewe annukun tonu pouch me mwen me murin an kinengeni ekewe mwanun non imw
- Maketiw iten meinisin aramas en mei kinengeni nupwen om iwe semwen (pachenong ekewe ruu ran me mwen om iwe keran smwen nge ika kese mefi esisinen semwen, iwe seni ewe ruu ran me mwen an iwe wor angangen chek wom)**
 - Chon angangen ewe putai itan Department of Health ina repwe kokkoruk ren ei porouse.
 - Kanengeni emon epwe ren ekei tettenin itittin:
 - Nom fengen non ew imw me emon mei uri COVID-19
 - Nupwen kopwe nom non ewe 6 feet ngeni emon mei uri COVID-19 nge a napeseni ukukun 24-awa ren kapachenapen 15 minutes ika napeseni
 - Tumunu emon aramas mei uri COVID-19
 - Nupwen epwe pwaraseituk pinawen emon aramas mei uri COVID-19 (awewe ren mworituk, kissuk, pwan ekoch)"
- Kopwe asoso pwan anafa chonun non inisum ne uun konik**
- Nongonochu ekewe esisinen semwen.** Ika om kewe esisinen semwen a kon ngaweno, mutir kokkori om iwe pioing ika doctor

- Mutir ponueni nupwen ekewe chon angangen ewe Department of Health koko an repwe sinei porousom ren om iwe imuuno**
- Ren semwen mei asengesi kopwe spongaw ren, kokkori 911** pwan esinengeni ewe chon angang ewisen ponueni pun a uruk COVID-19. Esisinen semwenin COVID-19 kopwe spongaw ren mei pachenong:
 - Osukosuken fetanin ngasangas
 - Metekitek ese wor nekoukun ika ngut fanimwar
 - Poputa ne mefi sokuk
 - Weires ne neno ika ka chok nenneno
 - Chonono apwarawom ika won mesom
- Ponu om mwor me mwesi**
- Tonu poum iteitan** ngeni soap me konik non ukukukun 20 second ika nimeti poum ngeni ewe tottonun paaw itan sanitizer ena mei arapakan epwe 60% arikor non.