



COVID-19

HAWAII STATE DEPARTMENT OF HEALTH

MANGE NGAMRIN NAPAN NI KAN SIKENG NIGEM KORE MAAR NEY NIKA NOGE COVID-19 NGAY

KAN SIKENG NIGEM NIB CHANE BAYE POW KO COVID-19 (REBBE KAMFEKE CHUUSA¹ FA DAWOY)

- Thingar mupar u tabnaw marangam man ngabang mabachane tafloy rom.
- Pallag nigem ko girdii, tin baaraye girdii nigamnang nira yib e maar ngorad ko covid-19.
- Faanra bat'uf ningam chigur ko girdii maba t'uf ningam taye mask nga langam.
- Faanra sikeng rom e keem'ug riy **NIBAYE** maar rom, maarama ngam guye bin baaraye babyor ko [Rogon ningam aywegnem u Tabnaw nge Fithike maar](#).
- Faanra sikeng rom e **DARIYE** maar rom, ma ngam par u tabnaw ngagaman 24 e awa napan dawriyibe gawal ngadakanem makudawormufek e falay ninge m'ing nage gawal **nge** kudariy e pow ko maar nibe m'ug.

KAN SIKENG NIGEM NIBCHANE KAM CHIGUR KUBEE NIBAYE MAAR ROK KO COVID-19

- **Kam chuusa**¹
 - Faanra **damur** dage pow ko maar, maarama **dariy** fan ningam quarantine.
 - Rakam chigur ku bee nib maar ko covid-19 ma 5-7 e rran nga tomren mangamman ko sikeng, **demutrug ko ke m'uge pow riy fadawo**.
 - Faanra sikeng rom e kem'ug **NIBAYE** maar, mag par rom nigoogur mag sap ko babyor [nge pow iyem](#).
 - Rakam chigur ngak'ay bee nib maar ko COVID-19 ma 14 e rran niyra motoyil faniguyem ko garadage pow ko maar fadangay.
 - Ma faanra kem'uge pow ko maar ko COVID-19, magpar rom **niy googur** magga **sikeng**.
- **Dawor mu chuusa**
 - Ngam guye babyor ko [Rogon ningam aywegnem u Tabnaw nge Fithike maar](#).
 - Ngam sikeng nib papay, **faanra kudawori m'uge pow ko maar**.
 - Mag paru tabnaw napan 10 e rran², ngatomuran nikam chigur ku bee nibaye COVID-19 rok, **fakube m'ug ko sikeng dariye maar rom**.
 - Mu palag nigem ko girdii, tin baaraye girdii nigamnang nibaye tineye maarko COVID-19 rorad farayog ningeyibe maar ngorad.
 - Faanra bat'uf ningam chigur ko girdii, magtaye mask ngalangam.
 - Faanra sikeng rom e keem'ug riy **NIBAYE** maar rom, maarama ngam guye bin baaraye babyor ko [Rogon ningam aywegnem u Tabnaw nge Fithike maar](#).
 - Faanra kem'ug ko sikeng **NIDARIYE** maar rom:
 - Ma bat'uf nikagbe par u quarantine napan 10 e rran.
 - Makag be sikeng bayay u napan 5-7 e rran nga tomran nikam chigur ku bee nibaye COVID-19 rok.
 - Mag par rom ni googur magga sikeng ni faanra ke m'uge pow ko maar.
 - Rakam chigur ku bee nib maar ko COVID-19 ma 14 e rran niyra motoyil fanuguyem ko garadage pow ko maar fadangay.
 - Ma faanra kem'uge pow ko maar ko COVID-19, magpar rom **niy googur** magga **sikeng**.

SIKENG NIB CHANE SCHOOL, MURWEL, CHUUR FA YUG SIKENG NIDARIY RAGON KO COVID-19

- **Da'ani** t'uf ningam quarantine ni faanra ngam feke sikeng nibchane school, murwel nge chuur rom, fake pii rebe togta matwom ningam sikeng ko COVID-19 (ni bod ningan seyem fa baye tafloy ningan tay ngom).
- Rabuch ni aragon ni faanra **DARIYE** pow ko maar rom **NGE DAWOR** mu chigur ku bee nibaye COVID-19 rok.

¹ Ragaman e chuusa rom 2 wik nga tomuran nikam fek e bin tomur, bode Pfizer-BioNTech fa Moderna, fa 2 wiks nga tomuran e bin baaray nikannoge Johnson's & Janssen ngay ni taab yay niymafek.

² Quarantine e 14 e rran napan yakam chigur ku bee nib maar fa gabe murwel ko gin niybe aywege maar riy, ku eragon ni faanra bay bee u tabnaw nikube murwel ko gin niybe aywege maar riys (bod yuyang nikan faleg ragon nikan taye maar ngay yibe ayweg rad).