



COVID-19

HAWAII STATE DEPARTMENT OF HEALTH

DAHME KE ANAHNE WIA MA KE ALE DEHS EN COVID-19

ALE DEHS PWEHKI LIPWE SUWED EN COVID-19 (MEHNDMA MA ALE DOKEN¹ SILASIL DE SOH)

- Mih nan imwomw ahpw ma ke anahne sawas en wini.
- Mih dohsang aramas teikan nan imwomw oh irail me keper laud en soumwahukihda COVID-19.
- Ma ke anahne mih karanih aramas teikan, doadoangki masuku ieu.
- Ma ke ale dehs **PWUNG** ieu, kilang “Mih Kelehpw” nan [Padahk en Mih Kelehpw nan Ihmw](#).
- Ma ke ale dehs **SAPWUNG** ieu, mihmihte nan imwomw lel ni ansou me ke sohte anahne kang wini oh sohte ahmw karakar nan awa 24 **oh** ke sohte soumwahukihda lipwe suwed kan.

ALE DEHS PWEHKI KE MIH KARANIH EMEN ME SOUMWAHUKIHER COVID-19

- **Ale Doken Silasil ni Pwon¹**
 - Ma ke **sohte** soumwahuki lipwe suwed kan, ke **sohte** anahne mih kelehpw.
 - Ale dehs rahn 5-7 mwurin last en ahmw tuhweng emen me soumwahukihda COVID-19, **mehndma ma ke sohte soumwauki lipwe suwed kan**.
 - Ma ke ale dehs **PWUNG** ieu, mih kelehpw ni mwadang oh kilang [padahk](#) en “Mih Kelehpw.”
 - Mwasahn ma ke soumwahuki lipwe suwed kan rahn 14 mwurin last en ahmw tuhweng aramas me soumwahukiher COVID-19.
 - Ma ke soumwahukihda lipwe suwed en COVID-19 kan, **mih kelehpw** ni mwadang oh **ale dehs**.
- **Sohte Ale Doken Silasil**
 - Kiland “Mih Kelehpw” nan [Padahk en Mih Kelehpw nan Ihmw](#).
 - Ale dehs ni mwadang, **mehndma ma ke sohte soumwahukihda lipwe suwed kan**.
 - Ke anahne mih nan imwomow rahn 10²mwurin last en ahmw tuhweng aramas me soumwahukiher COVID-19, **mehndma ma ke ale dehs me sapwung**.
 - Mih dohsang aramas teikan nan imwomw oh irail me keper laud en soumwahukihda COVID-19.
 - Ma ke anahne mih karanih aramas teikan, doadoangki masuku ieu.
 - Ma ke ale dehs **PWUNG** ieu, kilang “Mih Kelehpw” nan [Padahk en Mih Kelehpw nan Ihmw](#).
 - Ma ke ale dehs **SAPWUNG** ieu:
 - Anahne mih kelehpw nan rahn 10.
 - Pwurehng ale dehs ieu rahn 5-7 mwurin last en ahmw tuhweng aramas me soumwahukiher COVID-19.
 - Mih kelehpw ni mwadang oh ale dehs ma ke soumwahukihda lipwe suwed kan.
 - Mwasahn ma ke soumwahuki lipwe suwed kan rahn 14 mwurin last en ahmw tuhweng aramas me soumwahukiher COVID-19.
 - Ma ke soumwahukihda lipwe suwed en COVID-19 kan, **mih kelehpw** ni mwadang oh

ALE DEHS PWEHKI KOSONNED EN DOADOAHK, SUKUHL, MWEMWEIT, DE PIL EDU SOANG EN KOSONNED EN WINI ME KAIDEHN PID COVID-19

- Ke **sohte** anahne mih kelehpw ma ke ale dehs pwehn kapwaiada kosonned en doadoahk, sukuhl, de mwemweit ieu, de ma wasahn wini ieu koasoandi me ke anahne ale dehs ieu (ni karasepe, mwohn pwal de soang en sawas en wini teieu).
- Ihte ma ke **SOHTE** soumwahuki lipwe suwed kan **OH SOHTE** mih karanih aramas me soumwahukiher COVID-19.

¹ Aramas ale doken silasil ni pwon wihk 2 mwurin re ale dok keriau ma Pfizer-BioNTech de Moderna, de wihk 2 mwurin re ale dok keieu en Johnson & Johnson's Janssen.

² Mih kelehpw nan rahn 14 ma ke aramas keren men me kin mihmi rehn de kin doadoahk rehn aramas tohto (ni karasepe, nan kalapwuh).