

Mas Se Ingacn COVID-19 Akwuck in Karihngihn Mwetuh ke Lohm uh

U in Karihngin Manosr fin acn Hawaii

Kom fin fol, kohfko hf, upac in momong, panglol taktuh nuhtuhm an. Eltahl saap fahk muh kom kuh in kahrihngihn manol ac mutana ke loh m uh.

Ip 5 kom kuh in Oruh ke Kom Puhlah Mas

1. Mutana ke loh m uh



- Met mutetuh yurin mwetuh. Met som orekma, loh m lutlut, kuh acn suc oasr mwetuh we
- Kafweang in siyuck sucu lom in use mongo, ono, ac kuhtwena ma enenyuck

2. Loahng ahkwoye ma mas lom an



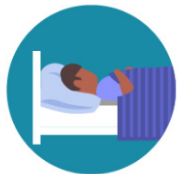
- Kom fin puhlah mas lom upaclac pangon tahtuh se
- Kom fin puhlah elyah yohk kom fah pangon 911

3. Srisrilac sin mwetuh suc mutana ke loh m uh



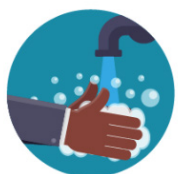
- Fin kuh, kom enenuh mahsroli ke acn in mutul ac loh m fasr
- Fin kom enenuh in fototo sin mwetuh, afinyac infwelu ac infwe ke nuknuk
- Met kahlye ma ke loh m uh ac shari ma lom ac ma laltahl

4. Monglac yohk ac nim kof



- Met ahsrosr ac nim kof na yohk
- Kafweang in mongoi mongo wo ac fal ke ma enenuyuck manol in oru fokoko

5. Met sulkackihn wet kuh germs



- Pacl nuhkewa oulah poum ke sop ac kof
- Ke kom kohfko hf kuh sinac afinyac inwelu ke pwepuh tissue ac tokuh sislah
- Aknasnasye acn in kahl ac disenfecti