COVID-19

Protect Yourself and Your Loved Ones

- Wash your hands with soap and water for 20 seconds
- Use hand sanitizer when unable to wash
- Disinfect high-touch items like phone, tablet, keyboard, doorknobs
- Shaka instead of handshake to provide 6-ft social distancing
- Cover cough or sneeze with tissue or bent elbow
- Avoid touching your face
- Avoid sharing food and drink
- Use a tissue or elbow to touch doorknobs, handrails, elevator buttons and crosswalk buttons
- Telecommute when able
- Stay home when feeling sick

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